NEWTON PARKS AND RECREATION DEPARTMENT SKI AND SNOWBOARD PROGRAM TRIP TO PATS PEAK – 2016



Newton Parks and Recreation has added a Saturday trip to Pats Peak for participants in our Tuesday or Friday ski and snowboard program that are in 4th grade and up.

Pats Peak is a great mountain in Henniker, New Hampshire and is located about 1 ½ hours from Newton. There are great beginner trails and several more challenging trails as well. Pats Peak is located at 686 Flanders Rd, Henniker, NH 03242. Their phone number is (603) 428-3245. Check out their website at www.patspeak.com for more information.

Saturday February 6, 2016 (snow date Saturday February 27)
Bus arrives at 8:30 am and leaves promptly at 9:00 am and returns at 5:00 pm
Pick up and drop off at the Albemarle Field House at 250 Albemarle Rd in Newton

As with our Tuesday and Friday programs, all participants must have a buddy while skiing and snowboarding when they are not in lessons. We are happy to pair people up if they sign up without a buddy. Choose from these options:

Lift Only Tickets \$65.00 Lift and Lesson \$85.00

Lift and Rentals \$85.00 Helmet Rental \$8.00 (not included in package) Lower Mountain Lift, Lesson and Rentals (recommended for levels 1-5) \$95.00 All Mountain Lift, Lesson and Rentals (recommended for intermediate/advanced) \$105.00

Sample Timeline

8:30 arrive at Albemarle Field House, 9:00 bus departs, 10:30 arrive at Pats Peak 11:30 lessons, between 12:00 and 1:30 check in with program leaders and lunch, 3:00 return equipment get ready for ride home, 3:30 depart for home, 5:00 arrive in Newton

If choosing the lesson option, please refer to the Pats Peak lesson level system (on the next page) to determine what level lesson you need to sign up for.

Lunch is not provided on this trip. You may bring your own lunch or bring money to buy food at Pats Peak.

Pats Peak and Newton Parks and Recreation waiver forms are required for all participants. Rental forms are also required for anyone that is renting equipment from Pats Peak.

REGISTER ON-LINE at www.activityreg.com Click on Massachusetts, Newton Parks and Recreation, Register, Recreation Programs and Activities, Skiing

For more information please contact Channon Ames DiCiurcio at (617) 796-1529 or cames@newtonma.gov

PATS PEAK LESSON LEVEL SYSTEM

Skiing Skill Levels

- 1. Beginner, I have never skied before
- 2. I can ski a little but I have never ridden a lift and can neither stop nor turn.
- 3. I can make wedge turns in both directions.
- 4. I can make rhythmical skidded turns and ride the beginner chair
- 5. I can match my skis throughout the last half of my turns
- 6. I am devolving my parallel turn and am exploring all intermediate terrain
- 7. I can keep my skis parallel throughout the entire turn
- 8. I can ski most anywhere with parallel turns that are dynamic and consistent
- 9. I am an excellent parallel skier and can ski on varied terrain and varied snow conditions.

Snowboarding Skill Level

- 1. Beginner, I have never ridden before
- 2. I can maneuver with one foot and can slip on heel-side and toe-side
- 3. I can perform a skidded traverse on both heel side and toe-side edges and can stop
- 4. I can perform elementary turns and heel-side and toe-side
- 5. I can readily link turns and control speed by turning
- 6. I can perform linked, skidded turns in varying size with good control on more challenging terrain
- 7. I am beginning to carve turns and am comfortable on all intermediate terrain
- 8. I am fine tuning of various size and can ride various terrain
- 9. I can all terrain comfortably and want to explore the extremes of riding

